

Alzheimer's Association Minnesota- North Dakota

The mission of the Alzheimer's Association of Minnesota-North Dakota is to improve the lives of all individuals, families and care partners throughout their journey with Alzheimer's and related diseases by providing leadership, support, education, advocacy and research. Our vision is a world without Alzheimer's disease. Alzheimer's disease is a progressive brain disorder that gradually destroys a person's memory and ability to learn, reason, make judgments, communicate and carry out daily activities.

Contact Information:

Alzheimer's Association Minnesota-North Dakota

4550 West 77th Street, Suite 200

Minneapolis, MN 55435
Telephone: 952-830-0512

Helpline: 1-800-232-0851

Fax: 952-830-0513
Email: info@alzmnndak.org

Web site: www.alzmnndak.org

{mospagebreak title=About Alzheimer's}
About Alzheimer's

Alzheimer's disease accounts for 60 to 70 percent of cases of dementia, and five million Americans are currently affected. Alzheimer's disease is a progressive, degenerative disease that attacks the brain and results in impaired memory, thinking, and behavior. Alzheimer's disease is the seventh leading cause of death in adults, after heart disease, cancer, and stroke. Age is the greatest risk factor for Alzheimer's.

Facts and Figures

- Alzheimer's disease is the seventh leading cause of death for people in the United States, and the fifth leading cause of death for those over the age of 65.
- Alzheimer's disease costs American business \$61 billion a year.
- More than five million Americans and 90,000 Minnesotans are experiencing Alzheimer's.

Warning Signs

- Memory Loss
- Difficulty Performing Familiar Tasks
- Problems with Language
- Disorientation to Time and Place
- Poor or Decreased Judgment
- Problems with Abstract Thinking
- Misplacing Things
- Changes in Mood or Behavior
- Changes in Personality
- Loss of Initiative

{mospagebreak title=Resources for Individuals and Caregivers}

Resources for Individuals and Caregivers

The Alzheimer's Association offers a wide variety of resources for persons with Alzheimer's and their caregivers. Those resources include:

- A 24/7 multilingual telephone helpline
- The Safe Return® program for individuals with memory loss
- Support groups for individuals and families facing the disease
- Classes and workshops for individuals and families
- Education programs for professional caregivers
- Family care consultations for one-on-one support
- Community speaking engagements to educate civic groups
- Public advocacy to legislative bodies and other interested parties
- Support for promising research into prevention and a cure
- Public website for people with dementia, their families and their caregivers

Caregiver Resources

Support groups for:

- Family and friends
- Adult children
- Spouse/partner
- Those with the disease

24/7 Helpline: (800) 232-0851

The Alzheimer's Association Information and Referral Telephone Helpline is available to provide information, support, printed materials and referrals to area resources.

{mospagebreak title=Resources for Employers and The Community}
Resources for Employers and Communities

The Alzheimer's Association offers presentation for employers and the community at large on the following topics:

- Maintain Your Brain: How to Live a Brain Healthy Lifestyle
- Understanding Alzheimer's Disease